# **Dartford Cambria Sea Scout Group**

Royal Naval Recognised Sea Scout Group No. 81 Registered Charities No. 1023312

Group Scout Leader – Steve Newton President – Roger F Rowe









# Frylands Big Weekend - What's it all about?

## Introduction

Frylands Big Weekend is a big activity camp where the activities are organised by the camp site. Cambria Scouts and Explorers will be camping alongside other Scouts, Explorers, Cubs, Guides, Rangers and Senior Sections from many other groups at this event.

### **Activities?**

On the Saturday there is an outside company running an It's A Knockout competition for everyone to take part in. It will include inflatables, getting wet and lots of fun games for all!

On the Sunday the site will be running onsite activities including: Archery, Rifles, Climbing, Tunnels, Assault Course, Earthball, Team Building, Laser Quest, Slacklining, Geocaching, Gladiator Duel to name but a few....

In the evenings there will be entertainment and activities which will include discos, camp fire and more.....

### Kit List

Pack your kit yourself. Everything on this list is required (except the teddy). Ideally pack a rucksack or if not then a sports bag. It's quite a walk from the car park to the camp site so you must be able to carry your kit.

The group have an equipment bank so good quality rucksacks, 3 season sleeping bags, and waterproof jackets are available to borrow.

Complete uniform (worn to and from camp)	Scarf, hat and gloves
Warm sweaters, jumpers or sweatshirts	Sleeping bag
Trousers – NO JEANS	Foam roll / karrimat
Thermal underwear or leggings/tights etc	Tea towel (you won't want it back)
Spare underclothes (one pair per day)	Torch and spare batteries
Spare socks (one pair per day)	Personal washing kit and towel
Nightwear	Polythene bags (for dirty clothes)
Hike boots or strong shoes	Teddy!
Waterproof (coat and trousers)	Personal First Aid Kit (optional but you should ge into the habit of carrying one)

Aerosols of any kind are never to be brought to camp.